

Dear Parent/Student:

Congratulations on your acceptance to Mount St. Mary's University! The staff of the Wellness Center is looking forward to working with you and we are committed to responding to your health care needs.

Health Services seeks to insure a safe, healthy environment for the entire campus community. In order to do so, there are requirements that every full-time student must meet in order to attend the Mount. Every first-year or transfer full-time student is required to provide the health-related information contained in this packet to the Wellness Center in order to attend classes and/or live in a residence hall.

**These forms are to be completed and brought with you to your Freshman Orientation Weekend (either weekend of June 12 or June 19, 2009).** If you are not attending an orientation, Health Services **must receive these forms no later than June 22, 2009.** Since the requirements involve making appointments, updating vaccines and collecting information, we urge you to start NOW!

If you are unable to schedule an appointment for a physical before the above due dates, please call the Wellness Center between the hours of 9:00 am and 4:00 pm to make other arrangements. Remember, the physical must be **within one year** of the date your student starts their classes in August.

Mount St. Mary's University does not require students to have health insurance, however, it is highly recommended for emergency purposes. Please include with your freshman information, a copy of the front and back of your son's/daughter's insurance card (on an 8 1/2x11" piece of paper). If the student wishes to purchase a college health insurance plan, he/she should call Hulse/QM, which is the Mount's insurance advocate at 717-766-7621 or 800-287-0285.

**Athletes: The Athletic Department (301-447-5296) will require a separate set of health records for their own use. They will be sent to you from the Athletic Department. Athletic health records do not meet Health Services requirements and will not be accepted as such. Health Services, in accordance with HIPPA and FERPA regulations, can not share student health information with other departments or external agencies, therefore, your medical information will NOT be copied to the Athletic Department or vice versa.**

If you have any questions about Health Services or what is required, please call 301-447-5288. Our staff is looking forward to having you as a part of the Mount St. Mary's University family!

Sincerely,



Bonita Portier, D.O.,  
Director, Health Services