

Heading to the Mount this fall as part of the Class of 2013? Then join together for

MOUNTWARD BOUND!

Three “Pre–Orientation” options for a great transition to college life:

- Get to know members of your new class, meet and mingle with faculty, staff, and upperclassmen.
- Have fun in a supportive environment.
- Engage in purposeful reflection leading to enhances self–awareness: Who am I? Where am I going? Who am I becoming? What are my goals? What is in store for me at the Mount?



RETREAT

Begins Wednesday, August 19

The longest–running component of Mountward Bound, the RETREAT is now in its 12th year! Start off your adventure at the Mount with some time to reflect, discuss, and pray about where you’ve been and where you’re headed.

The RETREAT will be held at the Bellarmine Retreat Center. During that time we’ll be led by a team of upperclassmen who will facilitate discussions about academics, getting involved in campus life, spirituality, and college life issues. There will be plenty of free time for relaxation and recreation at the Retreat House. There will also be time for prayer and reflection with guided meditations, Mass and the opportunity for the Sacrament of Reconciliation.

COST: \$125

SPACES AVAILABLE: 40



EXPLORATION

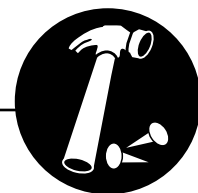
Begins Tuesday, August 18

Exploration was created by Outdoor Adventures (aka CRUX: Challenging Recreation. Unleashing Experience.) as a multi–day wilderness excursion for new students. Participants will camp, rock climb, hike, canoe, and experience a challenge course during the trip. We will take advantage of the abundant local trails, waterways, and wilderness surrounding the Mount.

To ease the often uncomfortable transition to college life, the instructor teams will field questions and lead discussions on the issues and apprehensions (both academic and social) that are on the first year student’s mind. In addition, CRUX realizes that for many of the students, this will be their first time in the outdoors, so the whole trip is designed to explore the parallels between this new experience and the one awaiting them at the Mount. Quite simply, it is an opportunity to have FUN, learn about classmates, the school, the natural environment and even yourself.

COST: \$175

SPACES AVAILABLE: 30



SERVICE

Begins Wednesday, August 19

Start off your college experience by immersing yourself in a larger world, where people are in need, and you have something to offer them!

SERVICE will take place in Baltimore City, where we will engage in meaningful community service in various settings which include soup kitchens, low cost housing construction sites, men’s and women’s shelters, and other sites which serve the needs of the poor. We will discuss the importance of service and the meaning that service has in our lives as Christians. There will also be times of reflection and prayer, coming together to pray for those we serve. There will also be time for fun and relaxation at Baltimore’s Inner Harbor and a baseball game at Oriole Park at Camden Yards.

COST: \$125

SPACES AVAILABLE: 10

For each Mountward Bound experience, first–year students will arrive on campus on the specified day and be greeted by upperclass students who will serve as Mountward Bound team leaders. After getting settled into your residence hall room, you’ll begin with welcome activities and dinner. After an overnight on campus, you’ll be transported to the Mountward Bound sites. On Saturday afternoon, August 22, all three Mountward Bound groups will reunite on campus for concluding activities. Then on Sunday morning you’ll meet the rest of the class of 2013 as Freshman Orientation weekend begins!

More information and registration materials will be available at June Orientation Days. If you would like more information in the meantime, please contact:

RETREAT/SERVICE: Center for Campus Ministry & Community Service, Fr. Brian Nolan or Anne Marie Hallinan (for retreat or service), Nolan@MSMary.edu; Hallinan@MSMary.edu; 301.447.5223

EXPLORATION: Outdoor Adventures (CRUX), Ken McVeary, McVeary@MSMary.edu, 301.447.7437