

# Our Family

**STUDENT:** Sean Ellison, Class of 2010

**PARENTS NAMES:** John and Carolyn Ellison

**MAJOR:** Political Science

**HOMETOWN AND HIGH SCHOOL:** Bishop McDevitt High, Harrisburg, PA

**STUDENT'S ACTIVITIES ...**

- Secretary for the Class of 2010
- Army ROTC
- Currently employed at Dauphin Highlands Golf Course

**ROTC EXPERIENCE IN GENERAL...**

The ROTC program has provided me with both positive and negative experiences. I have had the opportunity to receive the best training in the world on how to be a leader. The program develops your leadership style through the success and failures that you experience as a cadet. I feel that we learn most from our failures. Failure is something that none of us want to experience and can sometimes be extremely hard to deal with.

**EXPERIENCES YOU WOULD NOT HAVE HAD OTHERWISE:  
HOW/WHY DID YOU CHOOSE THIS ROUTE?**

The opportunities that I have had as a member of the ROTC program have helped shape me into the person that I am today. Repelling out of a Blackhawk helicopter at Air Assault School is an experience that I will never forget. This summer I spent three weeks training with an Infantry unit at Ft. Campbell, Kentucky. During this time I had the opportunity to conduct night time training operations and work with Kiowa and Blackhawk helicopter pilots. I would not have had the chance to work with multimillion dollar equipment and meet people from all types of backgrounds if I were not a member of the ROTC program.

I chose to join the ROTC program and eventually serve in the Army because I want the opportunity to not only serve my country but I wanted the opportunity to help people all over the world.

**POST GRADUATION PLANS?**

After graduation cadets agree to serve eight years in the Army. As far as going for your masters degree it is dependent on what branch you are put into within the Army. Some branches such as Medical Service and JAG (Military Lawyers) grant you an educational delay on your service in order to complete the proper schooling. A lot of your time after you graduate is spent in school where you learn how to do your job in the Army. Most officers usually go for it once they complete this training. It is crucial for you to have a Master's Degree in order to move up in rank. As far as the Army financing it they will pay for it along with an extension of your service obligation, that is called a GRADSO or it may be a part of your branch where they will pay you to be in school receiving your degree.

**SPIRITUAL HIGHLIGHT WHILE AT THE MOUNT?**

My spiritual highlight at the Mount is when we do group runs to the Grotto in the morning, before the sun comes up. When I stop in front of the statue of Mary and take a minute to catch my breath, it hits me how I am at such a peaceful place. The Grotto in the early morning is a place where you have the opportunity to get your mind spiritually set for the day.

**IS THERE A BOOK OR PASSAGE READ, THAT CHANGED THE WAY YOU VIEW THE WORLD?**

The book that I read that has changed my opinion of the way I view the world was *Into the Wild*. It showed me how in life we get caught up in our possessions and allow that to dictate who we become as a person.

**HOW DO YOU KEEP CONNECTED WITH OLD HIGH SCHOOL FRIENDS?**

I keep connected with my old high school friend through Facebook, text-messages, and phone calls. We always get together when everyone is home on break and catch up with how things are going. College football also keeps everyone in touch, especially when Notre Dame or Florida loses.

**BEST ADVICE RECEIVED WAS FROM...** my good friend Nate Stone, "Sometimes all of your hopes and dreams get shot down and life does not work out the way you want it to. But everything happens for a reason and now you have to make new hopes and dreams." Although life may not always go the way you want it to you have to look at every ending as the opportunity to start out better than you did before.

**Mount ROTC students**

**CLASS OF 2010**  
Ellison, Sean  
Harrisburg, PA  
Jacobson, Zachary  
Cumberland, MD  
Lindenmayer, Anna M.  
Ellicott City, MD; APO AE  
Pappas, Anthony  
Millersville, MD  
Stone, Nathaniel, MBA  
Portland, ME

**CLASS OF 2011**  
Beatty, Michael  
Stafford, VA  
Borland, Joshua  
Hagerstown, MD  
Dodd, Zachary  
Walkersville, MD  
Gregor, James  
Swan Point, MD  
Griffin, Daniel  
Leavenworth, KS  
Kiernan, James  
Massapega Park, NY  
Miller, Shane  
Adamstown, PA  
Ouellette, Andre  
Gibbstown, NJ  
Raines, Nicholas, J.  
Carlisle, PA  
Sheriff, Ibrahim  
Silver Spring, MD

**CLASS OF 2012**  
Becker, Sarah  
Thurmont, MD  
Cline, David  
Wilmington, DE  
Davis, Daniel  
Waldorf, MD  
Master, Gavin  
Boonesboro, MD  
Mulqueen, Julia  
Allentown, PA  
Oren, Barry  
Millersville, MD  
Rich, Nicholas  
Chester, MD  
Sawyer, Francis  
Silver Spring, MD  
Sugrue, Rory  
Damasus, MD  
Waltrup, Ashley  
Easton, MD  
Williamson, Alastair  
Hunt Valley, MD

**CLASS OF 2013**  
Cummin, Alyssa  
Ramstein, GE  
Fernandez, Maria  
Lakewood, NJ  
Gudeman, Calvin  
Keedysville, MD  
Houser, Joseph  
Richmond, VA  
Hayes, Patrick  
Ashburn, VA  
Lanciano, Joseph  
Sinking Spring, PA  
Salaman, Andrea  
Rockaway Park, NY  
Severance, Sophie  
Wasilla, AK

# Club sports, compete now!

*Matt Grimm, Assistant Director of Recreational Services – Intramural/Club Sports Coordinator*



**1) What are club sports?**

Club sports bridge the gap between intramural activities and intercollegiate competition. Intramural programs allow students on campus to compete against one another at a variety of skill levels. Intercollegiate teams practice and play year-round against other colleges and universities throughout the nation. Currently, our club sports teams practice on campus and some of them play colleges and universities throughout the Mid-Atlantic region.

**2) What club sports teams does Mount St. Mary's currently offer?**

The department hosts 11 separate teams, seven of these teams are competitive club sports teams, meaning they play against other colleges and universities. They include:

1. club baseball
2. equestrian team
3. field hockey
4. ice hockey
5. men's rugby
6. club softball
7. women's volleyball

We also oversee four non-competitive teams and they do a majority of their practice and performances on campus. Included in this list are Brazilian jiu-jitsu, dance team, karate, and social dance club.

**3) How does my son or daughter get information about joining a club sports team?**

The best way to get involved with an established team is to contact either the team coach or the team president. They are the best source for finding out about practice and when games will take place, etc.

All of their information can be found in postings on-campus, on our website (<http://www.msmary.edu/student-life/recreation/club-sports/index.html>), or by stopping at the Intramural/Club Sports office in Lower McGowan Center. Matt Grimm oversees the Club Sports program, and he can be reached via e-mail at [grimm@msmary.edu](mailto:grimm@msmary.edu) or phone at 301-447-5904.

**4) Can my son or daughter start a club sports team that does not currently exist?**

Yes. However, there is a process that must be followed in order for a team to exist.

- A. Set up a meeting to share the vision and figure out how to make it a reality.
- B. The student is responsible for gathering information on current leagues, finding a practice location, etc.
- C. Once the logistics are set, the student then needs to find other individuals interested in the same activity.
- D. The department will conduct a feasibility study to see whether a new team could be included into the club sports department.

**5) Are there tryouts to participate on club sports teams?**

For a majority of our teams, there are no tryouts. If you are interested in the sport, and willing to work hard, you can be a member of the team. However, specific teams do have tryouts to figure out an acceptable playing level for all participants. For instance, on some teams, the "A" squad might be the traveling team, while the "B" squad might be the team that practices on-campus and allows new players to learn the necessary skills before heading out for competition elsewhere. To get an idea of the tryout process for a specific team, contact the Club Sports Coordinator, team coach or team president.

**6) Who oversees club sports teams?**

All of the club sports teams at Mount St. Mary's are student-led organizations. Each team is overseen by a leadership panel made up of three or more individuals. These student leaders determine all of the activities of their respective club including when practices will take place, what tournaments they will attend, and how they will use their team budget. Running a club sports team is a lot like running your own business, and affords team leaders a great deal of real-world experience. Coaches are hired to help teams succeed, but their only role is to oversee the actual practices and games. The level of success of each team is directly related to their student leadership.



August 2009						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September 2009						
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27	28	29	30			

October 2009						
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29	30					

November 2009						
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December 2009						
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23	24	25	26	27	28	29
29	30	31				

**American Red Cross**

*Blood Drives*  
Wed., Sept. 16-  
Thur., Sept. 17 &  
Wed., Nov. 18  
Mount Cafe,  
10 a.m.-4 p.m

## Fall 2009 Schedule

August 26  
September 18-20  
October 10-18  
October 26-30  
November 25-29  
December 14-18

Classes Begin/Convocation  
Family Weekend  
Fall Break  
Advising Week  
Thanksgiving  
Final Exams

**Fall Break is October 10-18**  
Residence Halls close at 6 p.m. on Friday, October 9.

**Thanksgiving Break is November 25-29**  
Residence Halls close at 6 p.m. on Tuesday, November 24.

**Final Exams are December 14-18**  
The campus has a very different feel and tempo during finals week. The quiet hours for residence halls are in effect 24 hours per day beginning Friday, December 11. We strive to work with students to be respectful of the needs of the community in preparation for exams.

## In the Loop

**Involvement Fair**  
Wednesday, September 2  
Peace Plaza, 3-5 p.m.

**Crab Feast**  
Saturday, September 12  
Founder's Plaza, 1-3:30 p.m.  
Life doesn't get much better than when you are enjoying Maryland Crabs with your friends! Come out and eat great crabs and don't worry there will be plenty of people to teach you how to 'pick' crabs!

**Family Fest**  
Friday, September 18 - Sunday, September 20

**Justin Kredible**  
Friday, September 18  
Knott Auditorium, 9 p.m.  
Like a Magician, but COOLER! Unlike the dark personalities of David Blaine and Criss Angel, Justin Kredible brings his upbeat, quirky, laugh-at-himself brand of comedy that he effortlessly blends with the magic.

**Comedian Owen Smith**  
Friday, September 25  
Purcell, 9 p.m.

**Dr. David Walton (Partners in Health) Assistant to Dr. Farmer in Haiti (from Mountains Beyond Mountains)**  
Monday, September 28  
Knott Auditorium, 7 p.m.  
<http://www.pih.org/where/Haiti/Haiti.html>

**Jenna Norwood, "Supercharge Me"**  
Tuesday, September 29  
Knott Auditorium, 7 p.m.

**Johnny Lingo**  
Friday, October 2  
Purcell, 9:00 p.m.  
The next Billy Joel/Elton John comes to the Mount with his upbeat and amazing music!

**Museum of Oppression**  
Wednesday, October 5 - Friday, October 9  
Purcell, times TBD



## Founder's Celebration

MOUNT ST. MARY'S UNIVERSITY • 1808

**Founder's Celebration**  
October 17 & 18  
[www.msmary.edu/founder](http://www.msmary.edu/founder)

**The Catholic Church and the Educational Commitment to the Poor: A Discussion of Ecclesia in America 71**  
Wednesday, October 21  
Knott Auditorium, 7 p.m.

**Catholic Perspectives on Exorcism**  
Friday, October 30  
Knott Auditorium, 7 p.m.

**SGA Forum with Dr. Powell**  
Monday, November 9  
Knott Auditorium, 7 p.m.

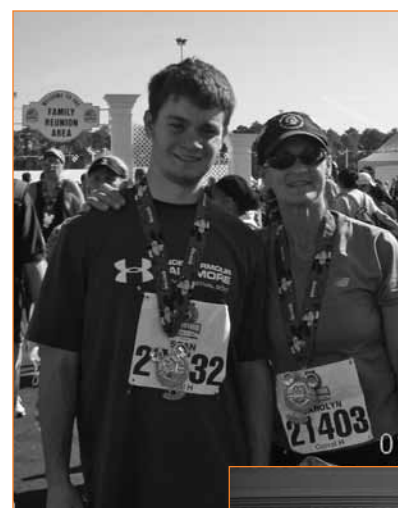


## VETERAN'S WALKWAY

A great way to honor parents or grandparents, is to buy a brick for the Mount St. Mary's University Veterans Walkway honoring all members of the military branches of the service.

The bricked walkway will be dedicated on Founder's Weekend 2009 with ceremonies held at the site near Patriot Hall, October 18, 2009 following the Founder's Day Mass in the Chapel of the Immaculate Conception.

For more information contact Phil McGlade at [mcglade@msmary.edu](mailto:mcglade@msmary.edu) or visit [www.msmary.edu/veterans](http://www.msmary.edu/veterans).



Left: Sean and mom (Carolyn Ellison) after completing the Walt Disney World Marathon in January of 2009.

Below: ROTC Dining In event, marking the end of the first semester of ROTC for the year. From left, Sean, CPT Jennifer Cope, and Nate Stone, MBA'10



Sean this past summer with a UH-60 Blackhawk at LDAC (Leadership Development and Assessment Course)



Above: The Zodiac Assault Course at LDAC this summer. The boat called the Zodiac is maneuvered around a course about a mile long, including rowing forwards backwards, flipping the boat and carrying it. From top left: Rex Bradford (James Madison University) William Andes (California State University), Mark DelaPaz (Pensacola Jr. College), Tim Cooper (Northern Arizona State University), Sean, Bottom row is: Mickey Bement (Clemson), Colin Cutler (George Mason University), and Michelle Wright (Louisiana State University)



Right: Nate Stone, MBA'10; Sean; Analiza Saraza, C'09; and Jessica Stone



“New Faces” continued from back panel.

Outdoor Education wasn't the direction he was heading when he began his college career; Matt has two Bachelors of Arts degrees; one in anthropology and the other in Chinese from the University of Pittsburgh. It didn't take him long though to make a career correction which led to his employment at Pressley Ridge Institute where he facilitated experiential learning for emotionally disturbed, developmentally delayed and adjudicated adolescents.

While working for Pressley Ridge, Matt returned to school to obtain his M.S. in Kinesiology, with an Outdoor Education option from the University of New Hampshire.

Matt is “passionate about working with people to unlock their potential...to inspire and motivate others.” He loved his time in Europe but says he and his wife were ready to move back to the States and especially to Emmitsburg. “The Mount St. Mary’s community and region are dear to our hearts,” says Matt. “My family lives in the area; my father is an adjunct professor at the Mount and my wife and I were married at the Grotto.”

We welcome Matt to the very successful Outdoor Adventures program where he says he is “ready for the inspiration and growth that comes with a new challenge.”

## New Faces at the Mount

### MICHAEL TABERSKI, DEAN OF STUDENTS

Michael Taberski grew up in Hamburg, NY just south of Buffalo. He attended Niagara University where he earned his B.S. in Criminology & Criminal Justice with a minor in Spanish. Michael earned his M.S. in Educational Leadership - College Student Development from Oklahoma State University where he also served as a Residence Director. Before arriving at the Mount, Michael worked at George Mason University and Loyola College in Maryland. While at Loyola, Michael also served as the President of the Maryland College Personnel Association (MCPA), a state division of the ACPA - College Student Educators International.



“My first experiences with Mount St. Mary’s was at Mount vs. Loyola Basketball games. Needless to say the Mount prevailed and I found myself impressed by the positive sportsmanship of the Mount players and student supporters. I also learned of the Mount’s great Student Life program through my experience in MCPA and had the opportunity to learn first -hand by interacting with outstanding colleagues and students from the Mount.

My cousin and Mount alumnus Msgr. Gerald Green, C’52, always raved about his *alma mater* so I could not turn down an opportunity to join such a great institution.

I am proud to serve the Mount community and support students in their journey of Faith, Discovery, Leadership and Community. As the Mount community welcomed me on my arrival, so too, do I welcome all students and parents. Contact me with any questions or concerns so I can continue to learn how to best assist you on campus.”

### MATT LIDDLE, DIRECTOR OF OUTDOOR ADVENTURES

What you immediately notice about Matt Liddle is his passion for the outdoors and that’s a good thing because Matt is the Mount’s new Director of Outdoor Adventures.

Matt grew up in the woods of the Pacific Northwest and Central Pennsylvania where he learned “the power of wild spaces.” For the past eight years, Matt has worked in experiential and outdoor education. He comes to the Mount from his most recent position as a program director for the Pressley Ridge Institute in Budapest, Hungary.



Continued on side panel.

Like branches on a tree, we grow in different directions, yet our roots remain as one.



### In this issue

- ✦ Letter from the Director
- ✦ Our Family: Sean Ellison, C’10
- ✦ Mount ROTC students
- ✦ Club Sports: Compete Now
- ✦ Fall 2009 Calendar
- ✦ Michael Taberski, Dean of Students
- ✦ Matt Liddle, Director of Outdoor Adventures

The Newsletter of the Mount Family Association | Fall 2009

## Hello all!

As we approach Opening Day of the new school year at the Mount I would like your help. Complete this sentence: **“What we have here .....**”

How did you fill in the blank? (It’s not really a test!)

Movie buffs might remember the famous words of Cold Hand Luke as he drawled: “What we have here is a failure to communicate.”

And that sometimes can be a real problem between parent and student especially during those first few weeks they’re settling into campus life and again when they return home. With a little gentle diligence and maybe some adaptation, this won’t be a problem at your home. The adaptation is required because the routine opportunities to engage with your son or daughter while passing through the kitchen are gone. You might want to take a lesson from Twitter...

### WHAT IS TWITTER?

Here’s the short and sweet of it from Wikipedia: “Twitter is a free social-networking, micro-blogging service enabling users to send and read messages known as ‘tweets.’ Tweets are text-based posts of up to 140 characters displayed on the author’s profile page and delivered to the author’s subscribers who are known as followers.”

### DO YOU TWITTER?

Using Twitter, I invited students, parents and recent grads including seminarians to answer this question: “What do we have here at the Mount that makes it so special?” I learned that few people were Twitter-savvy and even those who were had trouble restricting their messages to 140 characters or less.

While the length was a problem, the themes were not. Faith, family and home appeared repeatedly.

### ALLOW ME TO SHARE A FEW OF THE SHORTENED RESPONSES:

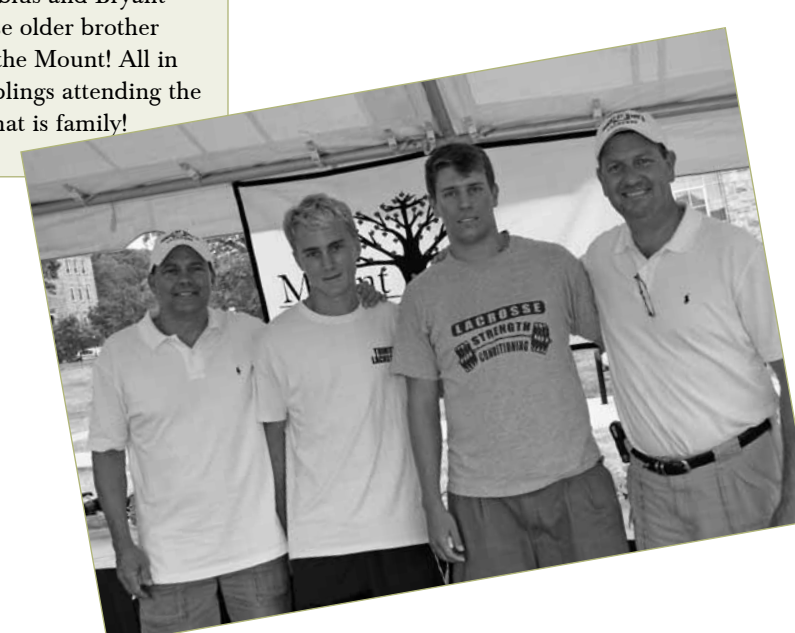
1. “The Mount listens to your children, hears them, debates with them and cares for them. They stretch your child’s mind - and revitalize their faith. *Nancy McCullough, parent of Eddie McCullough, C’09*
2. “The Mount does not apologize for being Catholic. It is not embarrassed to revel in its heritage and tradition.” *Mr. and Mrs. Finley, parents of Theresa Finley C’10*
3. “Calling it Mount St. Mary’s University sounds right, but calling it home is what feels right.” *Jacob Tohn C’11*
4. “Mary is watching over us! She leads us to her Son, the Truth. Faculty facilitates their students to pursue the Truth with over 200 years of Catholic Tradition to help.” *Scott Lutgring, C’09, S’13*
5. “The Mount is special because we are a family, growing and moving forward with each new generation, while always staying true to our roots.” *Kelly-Jo Kibler, C’08*

So, as we Twitter away, let me leave you with one final Tweet, a perfect poem from commuter student sophomore, Rebecca Oney:

“The Mount is special.  
It’s home.  
Holy & lovely  
All I need  
Fertile soil  
For a young seed.  
Wisdom surround  
Friends around  
Never alone  
Mount means home.”

**TNX 2 every1 4 ur POV. CU@FamFest ;)\***

*\* Thanks to everyone for your point of view. See you at Family Fest (wink)*



*Brendan Niklason from Virginia met Brendan Rooney from Michigan in June at Orientation. Turns out they both are on the Lacrosse team. And both of their Dads share a name, too. On Move-in day (last year) both Dads are proudly sporting their new Mount Lacrosse caps - but eerily chose identical shirts to wear that day as well.*



The Newsletter of the Mount Family Association

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- ✦ Matt Liddle, Director of Outdoor Adventures



## Midsummer Mount Mingles

A new tradition has been launched for the Mount Family Association and Alumni Relations. Three Midsummer Mount Mingles welcomed excited students and their parents to the Mount community.

Alums and current students were also on hand to meet and “mingle.”

We are deeply thankful for the generosity of our hosts: In Baltimore, Denise Whiting, owner of Café Hon and parent of TJ Whiting, C’09; in McLean, Va., Mike O’Donnell, C’84 and Hillary Camp O’Donnell, C’83, President’s Council and Board of Trustees; parents of Kirsten, C’12; and in Garden City, New York, Joe and Elaine, (C’81) Trenatcoste, parents of Elizabeth, C’09.

## Mount Fact:

This fall we welcome 4 new sets of twins to our campus which doubles the number of current twins: Marilyn and Marta Brohawn, Joseph and Steven Castellano, Brent and Brian Dickson and Heidi and Katelyn Van Valkenburg. These first year students join Danielle and Rebecca d’Epagnier, Ashley and Ashlyn DeCruise, Anglea and Janine Moebius and Bryant and Brett Schmidt whose older brother Justin is also attending the Mount! All in all we have 37 sets of siblings attending the Mount this year. Now that is family!

faith | discovery | leadership | community

Emmitsburg, Maryland 21727

16300 Old Emmitsburg Road

Mount St. Mary's University

Mount Family Association Newsletter



## Contact Info

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301.447.5214 or 800.448.4347  
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### Athletics

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lrobinso@msmary.edu

### Campus Activities

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Ken McVeary  
mcveary@msmary.edu

### Campus Operator

301.447.6122

### Dean of Students

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Mike Taberski  
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### Financial Aid

301.447.5207 or 800.448.4347  
David Reeder  
reeder@msmary.edu

### Health Services

301.447.5288  
Sue Sanders  
sanders@msmary.edu

### Office of the President

301.447.5600  
Thomas H. Powell  
powell@msmary.edu

### Public Safety

301.447.5357  
Barry Titler  
safety@msmary.edu  
\*Emergency # is 301-447-5911 (*Please encourage your student to program this # into their cell phone.*)

### Residence Life

301.447.5274  
Jen Lenfant, Associate Director of Residence Life  
lenfant@msmary.edu

Want to order a cake or care package for your son or daughter?

Contact Dining Services at 301.447.5276

Want to add money to your son or daughter’s MountCard?

Contact the MountCard Office at 301.447.5276

## Transportation

Amtrak  
717.232.3313

Greyhound  
301.663.3311  
717.255.6970

BWI Airport Paging  
800.435.9294

*Van Shuttle Service to BWI is available through Public Safety. Stop by their office or call (301) 447-5357 to make a reservation or for more information. Round trip, \$80. One-way, \$50*

## Medical

Frederick Hospital  
240.566.3300

Gettysburg Hospital  
717.334.2121

Poison Control  
800.492.2414