

Our Family

STUDENT: Jacob (Jake) Yohn (2011)

PARENTS: Gary Yohn and Kendal Hopkins

HIGH SCHOOL AND HOMETOWN: Biglerville HS in Biglerville, Pennsylvania

MAJOR: Communications Studies with an emphasis on Rhetoric

STUDENT INVOLVEMENT: Jazz Ensemble, Club Lacrosse, Kyokushin Karate and holds a job in our campus Media Center.

FUTURE PLANS: Someday Jake would like to get to England and if his wildest dreams came true would work in radio there. The back-up plan would be to land a job with National Public Radio here at home as a producer or on-air personality.



FAMILY: Choosing a deliberate lifestyle, the Yohns live on a small “Land Conservancy farm just north of Gettysburg, or as Jack calls it, “a little homestead.” They raise their own beef and pork, milk the cows and gather eggs, and plant a huge garden. Their old brick farmhouse is heated with wood! Jake’s Mom, Kendal, feels “there is a certain satisfaction in knowing where our food comes from!” The family, including younger brother Bennet, is active in their local Methodist church and recently 25 members of the extended family explored their heritage roots up in Prince Edward Island, Canada. Mom is a librarian and Dad is with Willard Agri-Service.

Being A Methodist at the Mount - 30 percent of the student body at the Mount is non-Catholic.

JAKE SPEAKS: “As for the difference between Catholic and United Methodist, I think of us all as Christians: One God, One son, One Holy Spirit.” Coming to the Mount, “has been somewhat of a learning experience for me. Interacting with the seminarians is always a new educational experience! Their lifestyle gives new light and insight to everyday aspects of life.”

MOM SPEAKS: “A healthy life requires balance of spirit, body and mind. College is a time when young adults are learning to take full responsibility for all the major aspects of their lives... it helps to make that transition in an environment that stresses the value of a strong faith. My perception is that the Mount projects a genuine emphasis on universal Christian faith in a Catholic setting, while respecting the individual faith practices of their students.”



After one year, The Mount experiences are already mounting up: ON THE ROAD – TO THE NCAA BASKETBALL TOURNAMENT WITH THE PEP BAND: “Let me tell you ... the regular pep band drummer was not able to go and I was quick enough on the draw to get in. On top of learning all the songs overnight, I could not suppress my excitement. I shaved my head into a Mohawk, died it blue, and painted my face blue and white. There were late nights at IHOP... we lugged our instruments to and from places: flying here, driving there. Carolina was a non-stop laugh and the game was like something out of a dream. Being on television with millions of eyes watching what you see right up close! WHEW!”



IN MY ROOM: “My first room was the notorious Brute 252, the so called “Haunted Room”. Many a time did we lose power when others did not, the door opened frequently on its own, and my fan was known to fly off the shelf in the bathroom at poor, unsuspecting users. I swear to this; my roommates can vouch for it.”

THE CLASSES: “The academics have been a challenge, but that is what I came to school for. I want to grow into an efficient, well-rounded member of society,” says Jake. “The Mount is giving me the chance to do that but I can’t do it sitting on my duff.”

CLOSE TO HOME: Even though Jake lives close to home and has a car on campus (he has been known to zip home to mow the lawn for his Mom), email is a common form of communication. In the beginning, his mother patiently waited for Jake’s email. If she hadn’t heard from him in

a week, she would “send him a short and perky email.” “We have always discussed interesting news items we have heard or read,” says his Mom. “I started to send him interesting or weird items from the New York Times online. This helped us to mold an old pastime into something new and still qualify as ‘communication.’ It gave him a chance to talk if he wanted to and let him know we were thinking of him.”

SEPARATING: The Yohns have confronted the usual family dynamic shifts when a child has left home and returns with new expectations, and maybe even a new look, but they have done so with grace, love and candor. “There have been many changes and quite a few times when we’ve struggled to keep our thoughts to ourselves,” says Jake’s Mom. “It is reminiscent of the respect we learn to give our kids when they are toddlers. Let them make their own mistakes and take pride in all the successes. It’s just that now the choices can be life-altering and the consequences enduring! We are learning to give up what we see as the parental “right/burden” of responsibility for his life. Handing it over to him is tougher than I’d like it to be.

The pierced lip is still a nuisance to me, but sometimes he thinks my haircuts are awful. So I reckon it’s a draw. If I want respect for being who I am, I must also extend respect to the good adult he is becoming.”

GROWING UP: Imagine the look of surprise on the faces of Jake’s roommates after they returned from an overnight absence to find that Jake had cleaned the entire room – mopped, vacuumed and even folded the roommates’ laundry!



“Jake is simply the real deal... he has no interest whatsoever in doing things either half-way or in an average way. He wants to excel and has a keen understanding what the sacrifices and challenges are in meeting excellence head on.”

—KANCHO DAN SOLLER, karate instructor and executive vice president at Mount St. Mary’s

(“Safety” continued from back panel.)

How safe is the Mount campus?

Our campus is very safe because we work at it. The Administration at the Mount has invested significant time and resources to try to make our campus as safe and secure and possible.

Mount Public Safety officers are professionals with special training including: fire safety, EMT, first aid/CPR/AED, crisis communications, and self defense. The safety & security at the Mount is a cooperative effort of the entire community: Public Safety, Student & Residence Life, the Wellness Center & Counseling, faculty & staff, and the Student Government Association. Mount Public Safety also works closely with local, state, and federal public safety professionals, including Emmitsburg Ambulance & Fire, the Frederick County Sheriff’s Office, the Maryland State Police and the Office of Homeland Security/FEMA.

The University utilizes the MountAlert system, a blended notification system through which students, faculty and staff receive emergency alerts on cell and home phones and through text messages and email and on campus emergency alert siren and speakers. When there is a risk to the safety of persons or property, Mount campus Public Safety distributes timely warnings quickly and effectively through this all-inclusive system to alert and protect the community.

Each Fall, the Mount publishes our Annual Security Report In compliance with the 1999 Clery Act to share statistics of criminal incidents over the previous three-year period. To find out more about current statistics and crime reporting and prevention go to our website: msmary.edu/inside/administration/public-safety.

The Public Safety Office is open 24 hours a day, 7 days a week.

What can a student do they find themselves in an uncomfortable situation or location on campus? The blue-light telephones also have a key pad that allows the user to call any on-campus telephone. Public Safety also provides escort services during hours of darkness to students who may be walking from one location to another on campus.

Other questions can be directed to Barry Titler, Public Safety Director at: 301-447-7430 or titler@msmary.edu.

Indiana McVearry and the Golden CRUX



Ken McVearry, CRUX director, on a zipline

It’s not just survival, it’s an education in surviving life

The idea of an outdoor program appealed to Mount President Tom Powell, who considered himself one of the rough and tumble people who’ve experienced the outdoors at its finest— Montana and Alaska along with every trout fishing stream between Emmitsburg and Butte. What appealed to President Powell was not just the rope climbing and caving, but the character, leadership, team-building and organizational development components which come as a result of the experience.

“It’s not just about having fun, although we have a lot of fun,” says McVearry. “It’s the character formation, the service learning and reflective aspect which go hand-in-hand with the Mount’s vision and philosophy that make CRUX exceptional.”

Peer mentoring at its best

The program lives and breathes through its student leaders, all volunteers. It’s not a simple task to be a CRUX Leader, they commit to over thirty days of training out of the nine months they’re on campus and take on a tremendous amount of responsibility leading trips for the campus. The goal is to develop group cohesiveness and self awareness through the natural metaphors which exist in the outdoors.

Each Individual may experience CRUX differently as one young woman put it:

“Being a leader of the Outdoor Adventures program has been the most rewarding experience of my life. I have grown to be an independent woman, a confident instructor...the leadership skills I have developed will follow me everywhere I go. I know I could not have found an opportunity so great at any other college.”

—Branda Reynolds, Mount Class of 2008

What is it about him the kids seem to trust? Well for one thing, he’s been where they are. McVearry began his studies at the Mount before transferring to Loyola College where he received his bachelor’s, masters and PhD. in alcohol studies –through personal exploration of the limits of consumption. He got sober four days after his 21st birthday. Getting sober was easy, staying sober is not. A young person surrounded by rivers of beer needs to find an alternative to Happy Hour to experience all that life can offer during their four years in college. It was a choice McVearry made and continues to make, he chose life.

“When you come to the end of all you know, God will either give you something soft to land on or teach you to fly.”

McVearry, leaving alcohol behind, turned to another addiction: the adrenalin rush that comes from climbing, jumping, rappelling, sea kayaking and breath-taking white water rafting. It kept him sober and engaged, and that’s when he began to consider this might be a career rather than exploring Capitol Hill as a political junkie.

According to McVearry, this is not his job, it’s his calling; to excite, inspire and challenge people to expand their limits, go beyond their fears, learn to trust and open up to the possibilities life may hold if they could just “let go.”

McVearry’s path of personal growth paralleled what he was learning as a young professional in the field of experiential education. In a moment of clarity when he was living in Telluride, Colorado, he realized he could actually make a career out of helping others find alternatives to self-destruction. Knowing what such a program could bring to a college campus, he first developed a program at Loyola College before starting CRUX at the Mount 4 year ago. When the Mount job opened up he didn’t have to make a decision explains McVearry, “it chose me.”

“I am grateful and blessed to have an individual as talented as Ken McVearry to head up our Outdoor Adventures program...the program is a conduit between academics and recreation positively affecting the students. Ken’s passion for the outdoors is a fire that burns within and like all passions, demands to be shared. His position is more than a job, it’s a calling. Ken’s staff is infected with his enthusiasm to share their knowledge and expertise.” Denise Ditch, Director of Recreational Services and Operations.

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With more than 130 events in one semester—along with more than 70 clubs and organizations—there is plenty to do and see! For a comprehensive list of all the semester’s events visit www.msmary.edu/calendar



Remnant Trust

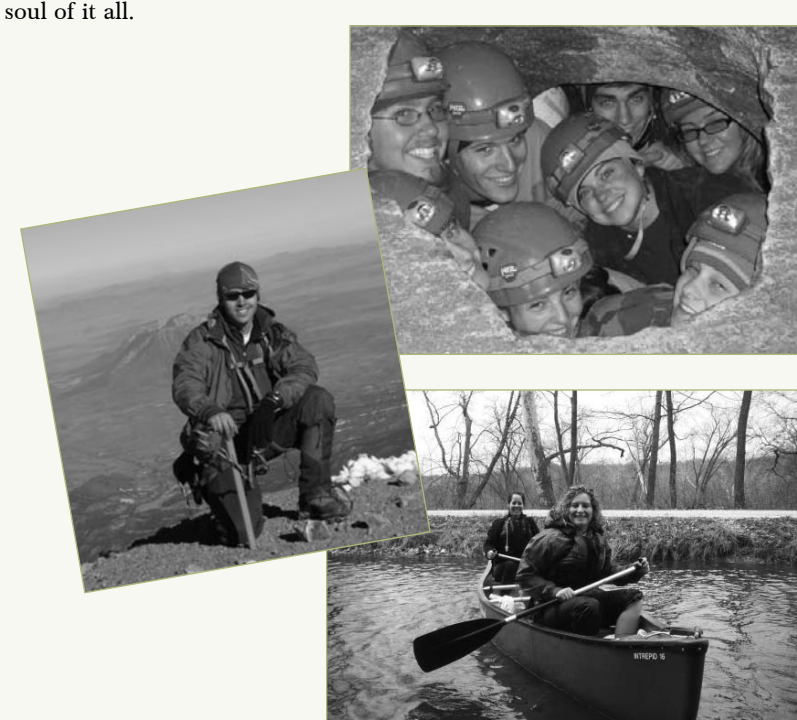
The Remnant Trust is a public educational foundation that shares an actively growing collection of original and 1st edition works dealing with topics of liberty and dignity with some pieces dating as early as 1250.

The exhibit of more than 40 documents will be on display in Phillips Library beginning August 21, 2008 through the fall semester.

The display is open to the public for viewing:

- M-Th, 8 am-Midnight
- Fri., 8 am-10 p.m.
- Sat., 9 am-9 p.m.
- Sun., Noon-Midnight

To schedule a group visit, please contact Dr. Stephen Rockwood, Dean of the Library, at 301-447-5244.



Fall 2008 Schedule

August 27
September 19-21
October 11-19
October 27-31
November 26-30
December 15-19

Classes Begin/Convocation
Family Weekend
Fall Break
Advising Week
Thanksgiving
Final Exams



Fall Break is October 11-19
Residence Halls close at 6 p.m. on Friday, October 10.

Thanksgiving Break is November 26-30
Residence Halls close at 6 p.m. on Tuesday, November 25.

Final Exams are December 15-19
The campus has a very different feel and tempo during finals week. The quiet hours for residence halls are in effect 24 hours per day beginning Friday, December 12. We strive to work with students to be respectful of the needs of the community in preparation for exams.

In the Loop

Hypnotist Michael C. Anthony
August 26, 9 p.m., Knott Auditorium.

Drive in Movie, The Chronicles of Narnia: Prince Caspian
August 29, 10 p.m., AC Quad

Blockparty
AUGUST 30, 1-5 p.m., AC QUAD
Spend the afternoon hanging out with friends and having fun—climb a rock wall, joust your roommate, and get a free smoothie to cool yourself off.

Annual Crab Feast featuring acoustic performer Jared Campbell
September 6, 4 p.m., Founder’s Plaza (\$1 for 5 crabs and a drink).

Passion and Profession Seminar and Concert featuring Johnny Hi-Fi
September 12, 8 p.m., Knott Auditorium/Founder’s Plaza.

It’s a dilemma many young people face: deciding whether to follow their dreams as an artist or musician or to follow their parent’s wishes and train for a “real job.” The members of Johnny Hi-Fi achieved professional success in their respective traditional occupations, but still pursue their underlying musical passion. In this inspirational seminar and concert, they tell their story and discuss tools for success in any field.

Bus Trip to Philadelphia Phillies vs. Washington Nationals
September 26, buses leave Patriot Hall at 3 p.m., sign up with cab, cost \$20.

Ghost Hunter John Zaffis
October 4, 7 p.m., Knott Auditorium ghost hunt on Mount campus to follow, 40 people maximum, sign up with cab.

Walk a Mile in Her Shoes®
October 8, 3:30 p.m., Starting on University Way
Come out and help to build a coed gender movement to stop violence against women. Men will literally walk a mile-long predetermined course around campus in a pair of high heels. All participants will need to obtain pledges which will then be donated to Survivors, Inc. in Gettysburg, PA.

Speaker Brett Sokolow “10 Thing Every College Student Should Know About Drinking.”
October 22, 7 p.m., Knott Auditorium
Brett Sokolow is President of the National Center for Higher Education Risk Management (NCHERM), a national multidisciplinary risk management consulting firm. He will speak about the low risk alternatives to getting drunk as well as 10 things that every college student should know about drinking.

Speaker Susan Sweetnam, “My Best Teachers Were Saints”
October 23, 7 p.m., Knott Auditorium
For author and educator Susan Sweetnam, The Saints of the Catholic Church make the best inspiration for teachers today. She discusses how their perseverance and passion for the work they were called to do can be a model for today’s instructors.

SGA Student Forum with President Powell
November 10, 7 p.m., Knott Auditorium
Your chance to ask questions and be heard.

Class of 2010 Ring Mass
November 15, 5 p.m., IC Chapel
The annual ring mass for the class of 2010.

Class of 2010 Ring Dance
November 15, 10 p.m.-12 a.m., Patriot Hall
The annual dance for the class of 2010.

Christmas Dance
December 5, 10 p.m.-12 a.m., Patriot Hall
The annual formal end of semester celebration that the entire campus comes out for.

Community

THE MOUNT'S SECOND PILLAR

Mount St. Mary's University, along with its Grotto and Seminary is a vital part of the Emmitsburg community. For us to continue to be a committed, involved neighbor requires continual diligence on the part of our University.

In the spring of 2008, authorities from Emmitsburg raised some concerns about possible misconduct of a few Mount students living off-campus in the local area. Town officials as well as residents generally agree that Mount students are well-behaved and respectful of the property and the people who live near them. Complaints were raised about loud parties, trash-strewn lawns, reckless driving and speeding through residential neighborhoods, some of which may have involved Mount students. The University responded immediately by meeting in a working group with local citizen groups, town officials and the Frederick County Sheriff's Office.

Contact Info

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- Health Services**
301.447.5288
Sue Sanders
sanders@msmary.edu
- Office of the President**
301.447.5600
Thomas H. Powell
powell@msmary.edu
- Public Safety**
301.447.5357
Barry Titler
safety@msmary.edu
*Emergency # is 301-447-5911 (*Please encourage your student to program this # into their cell phone.*)
- Residence Life**
301.447.5274
Jen Lenfant, Associate Director of Residence Life
lenfant@msmary.edu

Want to order a cake or care package for your son or daughter?
Contact Dining Services at 301.447.5276

Want to add money to your son or daughter's MountCard?
Contact the MountCard Office at 301.447.5276

Transportation

- Amtrak**
717.232.3313
- Greyhound**
301.663.3311
717.255.6970
- BWI Airport Paging**
800.435.9294

Van Shuttle Service to BWI is available through Public Safety. Stop by their office or call (301) 447-5357 to make a reservation or for more information.
Round trip, \$80. One-way, \$50

Medical

- Frederick Hospital**
240.566.3300
- Gettysburg Hospital**
717.334.2121
- Poison Control**
800.492.2414

Honors Description

You hear the word "honor" thrown around. Graduating with honors, joining the honors society, attending honors convocation. What's the difference and how can your student achieve this "honor."

Graduating with honors. A distinction on resumes, diploma and in the commencement program, this is strictly based on cumulative gpa. (3.4 is cum laude; 3.65 is magna cum laude; 3.85 is summa cum laude.)

George Henry Miles Honors Program. This is the "honors program" that students may get invited into when they arrive. There are stipulations; high academic requirements for entry, a minimum gpa of 3.2 to remain in the program, and curricular requirements (honors coursework and a senior research project with a presentation). If not invited as a freshman, students can apply to join the honors program as a sophomore or before their junior year. Competition for available spaces is intense.

Honors Convocation. This is an event held at the end of the year, just before commencement. At this event several types of awards are given out. Department honor societies, "greek" societies, and other awards. There are various requirements for

entry depending on the society and may differ from those at another institution. Generally a GPA of 3.33 or higher plus some stipulation about how many credits in that subject area one needs. Department honor societies meet independent of honors convocation and award their certificates but they are listed and announced at honors convocation.

University and Department awards are also given out at honors convocation and include everything from the Flanagan award to specific department awards (e.g., the Redmond Prize in Philosophy). These are awarded based generally on selection by some or all of the faculty. In a department, it's the faculty that make a decision about a particular award. The Flanagan is based on the vote of the whole faculty. There are awards that are particularly for freshman, sophomore, and juniors. Some examples include:

- **The Edward J. Flanagan Memorial Prize.** The gift of Monsignor Hugh J. Phillips, Class of 1931, President Emeritus, in memory of Edward J. Flanagan, USMC, Class of 1951, for the member of the senior class who best represents the traditions of Mount St. Mary's University in scholarship, conduct, and leadership. Awarded this year to **Rena Caitlin Black and Brian Henry Ogle.**

commuter students, resident students, and visitors) and class (Freshmen/Sophomores & Juniors /Seniors). Regular parking lot assignment hours are in effect from Mondays at 12:01 AM through Fridays at 5:30 PM. More information on parking can be found on our website: www.msmary.edu/parking.

How is the consumption of alcoholic beverages handled by the Mount?
Maryland law allows persons 21 years of age or older to consume alcoholic beverages. Students and visitors over 21 who choose to consume alcoholic beverages are asked to do so responsibly and show respect for other members of the Mount community. Underage students and visitors are not permitted to consume alcoholic beverages. In addition to any sanctions that may be imposed under Maryland state law, underage students who are found to have consumed or possessed alcoholic beverages are subject to discipline under the Student Code of Conduct, which can be viewed at www.msmary.edu/judicial. Students with alcohol or drug problems are strongly encouraged to seek counseling services through the University's Wellness Center.

(Continued on inside.)



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The Newsletter of the Mount Family Association | Fall 2008

Parents Ponder and Pray

Oh, for a crystal ball! Most of us who are parents often wonder: "What does the future hold for my son or daughter?" The student who is shy and nervous, the gregarious young person with a penchant for sleeping in late, the young woman who worries too much about grades or the athlete balancing a heavy load – they all have one thing in common: all have concerned parents.

Your student is here at the Mount and you are at home wondering what he or she is doing (or not doing)!



Feel free to contact me with any suggestions, questions or concerns you might have.

Irene Q. Powell, coordinator
Mount Family Association
ipowell@msmary.edu
301.447.3156

"Inquiring minds want to know," so in the first few weeks of school you could ask:

- How was the Block Party?
- How was speaker, Lorene Cary, author of Black Ice? (This year's Freshmen Seminar reading)
- What are you doing to get a campus job?
- Did you sign up for the Sept. 13th Mystery trip?
- Did you sign up for the Sept. 26 Phillies vs. Washington Nationals baseball game?
- Have you signed up for any weekend CRUX trips (Challenging Recreation Unleashing Experience - the Mount's outdoor adventures program?) see article on CRUX in this newsletter
- How was Mass? No sign-up necessary!

With just a little homework you can prod your student to get more involved:

1. What clubs have they investigated? There's something for everyone from A to W (Accounting to WMBT Mount Radio).
2. Tell them to check out current options online @ www.msmary.edu, under Student Life, then Campus Activities and find a form listing over 75 groups
3. Encourage them to go to the Student Activity/Involvement Fair Sept. 3rd from 2-4 to browse the booths, chat with other students and see first-hand which groups look intriguing.
4. The current calendar of events can be accessed directly from www.msmary.edu look left, under the Mount A-Z search option.
5. In addition, the Campus Ministry, the Center for Intercultural Development and the Academic departments all sponsor their own speakers and events throughout the semester.

Ask the Right Questions:

- What About Academics?*
First things first. How do you approach this topic? Open ended questions demand more than a single word reply, for example:
 - How do classes differ from high school or from expectations?
 - Why are you having trouble studying?
 - Why is so and so your favorite teacher?

We asked parents to tell us what they learned from their MSM student by asking those open-ended questions, here's what they heard:

"Our daughter...works hard (at the Mount) to achieve her grades, spends time talking to professors and has become her own advocate."

"Our son firmly believes his academic experience was... equal to, or better than, his friends experiences in Ivy Institutions."

"The professors in my daughter's ... major were amazing; they were teacher-mentors who were very intelligent and caring."

"We are very pleased with the extra-curricular opportunities at the Mount... it is important to educate the whole person ...our son gained a great deal of valuable experience and training outside the classroom in the CRUX program ..."

The question you have to ask yourself is: *What defines success?*

Remember: Time Can be Short

Earlier this summer, my husband President Powell and I sadly attended the funerals of two of our students. One a rising senior, **Nicole Spencer**, and the other, **Joe Karzck**, just completed his first year. Both were maturing in their own ways.

Nicole was an Education major who was a L.O.F.T. residence student. (LOFT stands for Lifestyle of Opportunity, Fellowship and Temperance) and worked in our Advancement office for three years. She was also involved in Campus Ministry. Her high school principal told us how pleased she was with the confident, poised young lady Nicole was becoming.

Joe immediately put his considerable athletic experience and skills to test with our Rugby club. Involved in campus activities, Joe was a political science major who spent his non academic time on the ball field or fishing. If he wasn't on the ball field, you might have found him fishing. We were touched by his funeral mass offered half in Polish.

Perhaps the lesson here is not to gaze into a crystal ball too hard to discern the future. The future is not what matters – the now does. Perhaps we should not be too dependent on the hope of who our children will become, but who they are today – young men and women on their journey.

Sadly, some journeys are shorter than others. But the destination is always our current relationship with God.

"Be dressed ready for service and keep your lamps burning, like men waiting for their master to return from a wedding banquet, so that when he comes and knocks they can immediately open the door for him."
–Luke 12: 35-36

May Nicole Spencer and Joe Karzck rest in peace, safe in their destination



Comedians are always a favorite, Purcell Hall

Mass, daily, in Pangborn Chapel



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Mount Family Association Newsletter