

PHOENIX KARATEDO ASSOCIATION
KYOKUSHINKAI INTERNATIONAL
&
MOUNT ST. MARY'S UNIVERSITY KARATE CLUB
HOMBU
BLUE BELT
(6TH KYU)

Name: _____

Please answer the following questions briefly and concisely. Please write legibly.

1. Taikyoku means what?
2. What is the most important part of a take-down?
3. Tameshiwari means what?
4. List three strikes and three kicks in Japanese.
5. Why is it important for us to understand Japanese terminology as it relates to karatedo?
6. The "do" in karatedo refers to what?
7. The phoenix symbolizes what specific trait?
8. What do you feel is the most effective kick and why?
9. Kyokushin means what?

10. What do you feel is your major strength and weakness as it relates to karatedo?