

PSI Karate Kids at Camp



Daniel and Kyle in fighting stances, showing their new belts!
Sensei Natalya runs an excellent karate programme at PSI and in Kiev.

From May 21-23, two PSI Primary students were invited to take part in the Phoenix Karate-do Association Kyokushinkai International Summer Camp, in Vorzel – about an hour away from Kiev. The camp had 60 participants, from all around the Kiev region.

The 3-day programme consisted of basic and advanced techniques, ground fighting, Kata, weapon work, fighting, and promotions of belts.

- Kyle Depooter (2R) was promoted to Blue Belt
- Daniel Hegedus (5K) was promoted to Purple Belt

There were Kata competitions throughout time at camp, and Daniel won 1st place in his age division (10-11 year olds). Outside of the Karate time, the participants played lots of games, did fitness, and played other sports. Everyone stayed in dorms, and had their meals provided by the camp.

A great time was had by all, new friends were made; and we hope that next year more PSI students will be ready to take on this camp challenge!